

Enfield Elementary Guidance Program:

As the elementary school counselor for Enfield Elementary School, my goal is to try to meet the needs of all students, by focusing on their academic, social and emotional development. I have found that my role is constantly changing, reflecting the needs of the many people in our school community; children, parents, teachers, and administrators. In an attempt to meet these needs, I provide a variety of services which include the following:

Guidance Lessons:

An important part of any comprehensive, developmental guidance program is classroom guidance. Getting into the classrooms to teach lessons, gives me the opportunity to work with all the students. During the school year, I go into each K-4 classroom two times per month to teach guidance lessons. While in the classroom, I have the opportunity to deliver various lessons on character education, peer relationships, study skills and career awareness. Spending time with the students in the classroom environment also gives us the opportunity to get to know each other a little better. In turn, when a student needs to speak with me on a personal level, there is an increased level of comfort as I have become a familiar face and someone who has instilled a level of trust within them.

Individual Counseling Services:

As an elementary school counselor, I meet individually with students to provide support for school-related issues. Students can refer themselves to the counselor or can be referred by parents, teachers, or other school staff.

Group Counseling Services:

Throughout the school year, I offer a variety of small groups for students on the following topics: Grief and Loss, Family Issues, Self Esteem, Friendships, and Anger Management. Groups typically run for about six to eight weeks and are available on an as needed basis.

Consultations: Counselors, parents, and teachers work together to support children.

Elementary school counselors work with parents to exchange and gather information, provide recommendations, and to discuss parenting concerns.

Elementary school counselors work with teachers, administrators, and other staff to provide information, materials and referral assistance, to address student needs, and to promote a positive learning environment.

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